

## Mangosteen Nutritional Facts

- \*Anti- Cancer - Breast, colon, prostate
- \*Anti-Diabetes – Sugar control
- \*Anti-Blood pressure
- \*Antioxidants – Anti-aging nutrients
- \*Anti-AD (Alzheimer's Disease) / Dementia / Schizophrenia
- \*Anti-allergy
- \*Anti-inflammatory
- \*Anti-pain - antinociceptive
- \*Anti-carcinogenic
- \*Anti-microorganism
- \*Anti-atherosclerosis
- \*Anti-HIV
- \*Pollution reducing
- \*Pro-apoptotic - planned cell-death (killing cancer cells, i.e.)

Google search "mangosteen nutritional values" for FDA recommended daily allowances as this is not meant to diagnose, cure, treat, medical conditions, etc, standard disclaimer, however, thousands of studies including the benefits of mangosteen can't be too wrong. [Chrispteas.com](http://Chrispteas.com) for more information and ordering